



Special Considerations

Bridging Module



Duration: 1-3 Months



20 Credits | NQF 5



Registered: CHE



Admission requirements:
SAQA Personal Trainer Skills
Program (NQF Level 5)



Modes of delivery: Online or
contact



Course content:

- ▶ S9224- Implement policies regarding HIV/AIDS in the workplace
- ▶ 9242- Analyse external factors influencing people who have special needs
- ▶ 10220- Include persons with disabilities in sport, recreation or fitness activities



**Other courses you
might be interested in**

- ▶ National Certificate in Fitness
- ▶ National Diploma in Fitness
- ▶ Group Training Specialist