



Nutrition Coach Bundle

Short Course



-  **Duration:** 12 Months
-  37 CPD points
-  **Admission requirements:**
No previous requirements
-  **Registered:** REPSSA
-  **Modes of delivery:** Online



Course content:

The nutrition advisor package consists of 4 courses:

- ▶ Essentials of nutrition
- ▶ Sports nutrition
- ▶ Weight management coach
- ▶ Vegetarian sports nutrition

[Read more](#)



Other courses you might be interested in

- ▶ Strength Training for Fat Loss
- ▶ Group Training Specialist
- ▶ Power of Yoga for Sports