



First Aid Level 1

Short Course



-  **Duration:** 8 Hours
 -  12 REPSSA endorsed CPD Points
 -  **Admission requirements:**
No previous qualifications or requirements needed.
 -  **Registered:**
REPSSA
 -  **Modes of delivery:**
Contact
 - Please Note:**
This course will only run if there is 7 or more participants in a certain area
-  **Some course content:**
 - ▶ Adult and Child CPR & Choking
 - ▶ Emergency scene management & safety
 - ▶ Wounds, Bleeding, Burns
 - ▶ Shock, Vital signs, Unconsciousness, Fainting
 - ▶ Fractures, Bandaging, Splinting
 - ▶ Head & Spinal Injuries, Impaled objects
 - ▶ Head to toe, Vital signs
 - ▶ Electrocution
 - ▶ Patient history
 - ▶ Basic bites & stings
 - ▶ Poisonings
- Practical exam will be conducted in class.



Other courses you might be interested in

- ▶ **Water Aerobics Instructor**
- ▶ **Kids Development Specialist**
- ▶ **Pilates Mat Instructor**