

ONLINE



(UK) DIPLOMA IN WEIGHT MANAGEMENT CONSULTANCY

REGISTER WITH THE INTERNATIONAL INSTITUTE FOR COMPLEMENTARY THERAPISTS (IICT)

COURSE DURATION: 6 - 12 MONTHS

ONLINE

[VISIT THE COURSE PAGE](#) TO VIEW ALL OUR FEES AND EASY PAYMENT TERMS

entry requirements

No previous qualifications or requirements are needed

course overview

This course, brought to you in partnership with Plaskett College, will provide you with a detailed, systematic and scientifically-based training, fuller than possibly any other in the field. It will enable you to practise as a well-informed Weight Management Consultant and most importantly, you will be able to help and support individuals in their quest to lose weight whilst maintaining health and well-being. You will:

- Gain an understanding of the basic elements of nutrition with a focus on the key nutrients in order to avoid deficiencies when working with weight loss clients

- Develop the confidence to be able to make informed choices from a wide span of weight loss options and avoid the use of rigidly fixed methods, thereby delivering programmes best suited to individual needs
- Learn the skills to be able to counsel on a one-to-one basis. This favours the resolution of individual circumstances and problems
- Receive the training to see your clients through every stage of the process, thereby maximising their chances of success.

accreditation

- NQF Level: 6
- You will receive a certificate from Plaskett College as a Weight Management Consultant and be entitled to use the designatory letters Dip.WMC as a Weight Management Consultant.
- Students can register with the International Institute for Complementary Therapists (IICT)
- Students can go onto further studies with universities and receive credits for Plaskett courses. Each student is taken on a case by case basis (with no guarantee they would be accepted), students mustn't assume that it is an easy route into a degree course

campuses/study modes

ONLINE

Study anytime, anywhere

learning outcomes

Successful learners will be able to:

- Practise as a weight management consultant
- Enhance your skillset and increase your earning potential

learning pathways

- (UK) Advanced Diploma in Nutritional Therapy
- (UK) Advanced Diploma in Nutritional Consultancy
- Nutrition Advisor

hfpa online learning platform (olp)

All students are given access to our advanced and interactive Online Learning Platform.

You are never alone when you study online with us! The HFPA OLP has been carefully developed to bring you all the benefits of a traditional classroom setting, facilitating interactive learning through multi-media lessons, videos, quizzes, questionnaires, forums, links, presentations, journals, assignment and exam submissions and more!

You will receive constant communication and feedback from your very own Online Tutor and steadfast support from our dedicated online-support team.

The workshops offered for online+workshops students serve as revision sessions in which you can ask questions, revise key concepts and receive hands-on guidance from our master trainers.

description of modes of delivery

ONLINE PROGRAMME

- Students study online using the HFPA Online Learning Platform.
- Students are assigned to an Online Tutor who will assist throughout the course.

contact details

Enquiries: info@hfpa.co.za

Accounts: accounts@hfpa.co.za

National Contact Centre: 0861 777 010